



Come to me and I will give you rest.

Welcome to

Kangaroo Island Catholic Community

(Part of the Adelaide Cathedral Parish)

14th SUNDAY IN ORDINARY TIME - YEAR A

Vol 14 : No 33

KANGAROO ISLAND CATHOLIC PARISH

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PARISH TEAM CONTACTS

PARISH PRIEST
Fr Lancy D'Silva
Phone: (08) 8210 8155

PARISH PASTORAL COUNCIL
Mr Peter Clark (8559 5131)

FINANCE

Mrs Helen Mumford (0408 367 009
or kimumford@bigpond.com)

WEEKEND MASSES

Kingscote at 9.30am

CONFESSION

Kingscote at 9.00am (prior to Mass)

INTEGRITY & SAFEGUARDING

We are a safeguarding Organisation which is committed to the care, wellbeing and protection of children, young people and adults at risk.

We believe that all God's children, young people and adults at risk have the right to be healthy and safe, and to have their voice heard, respected, and valued. A safe environment for all.

- Mrs Helen Mumford (KI contact - 0408 367 009)
- Integrity and Safeguarding Dept (8210 8150 - select option 2)

Catholic Archdiocese of Adelaide - Our Resources and Fact Sheets
adelaide.catholic.org.au



FIRST READING

Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations.

His empire shall stretch from sea to sea, from the River to the ends of the earth.

RESPONSORIAL PSALM

Ps 144:1-2, 8-11, 13-14

I will praise your name for ever, my king and my God.

1. I will give you glory, O God my King, I will bless your name for ever. I will bless you day after day and praise your name for ever. (R)
2. The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. (R)

3. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. (R)

4. The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. (R)

SECOND READING

Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

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Bulletin Board

KEEP THESE PEOPLE IN YOUR PRAYERS

Healing list: Brianna Chudlee, Annette Roestenburg, Michelle Glynn, Rebecca Semler, Chris Heath, Simon Laundry, Josh Semler, MaryAnne Higgs

July anniversaries: Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, John Connell, Henry Dravitzki, Leon Fahey, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jamieson, Judith Jeffs, Damian Howard, Leigh McDonald, Kym Moses, Cameron Muirhead, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Jill Perkins, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams.

Please pray for all the faithful departed and may all our sick parishioners, relatives and friends know the healing love of Christ.

PRIEST ROSTER

July 5 Fr Lancy D'Silva (and two visiting priests)
July 12 Fr Peter Hosking SJ



We extend a very warm welcome (despite the weather) to all the visitors from the Adelaide Cathedral Parish, who are with us today for the celebration of the Feast Day of Our Lady of Perpetual Help. We are delighted to have you join with us on this special day.

The celebration will begin with a vigil at 11.15am and followed by

Mass at 11.30am. Lunch will be served immediately afterward at the Lion's Hall. All are welcome.

This day honours the Blessed Virgin Mary under a highly revered title associated with a miraculous 15th-century Byzantine icon depicting Mary and the Child Jesus, flanked by angels bearing the instruments of the Passion.

ABORIGINAL SUNDAY

This weekend, at the beginning of National Aboriginal Week, a Special Collection will be taken up to support the National Aboriginal and Torres Strait Islander Catholic Council (NATSICC) and Aboriginal Catholic Ministry (ACM).

The Aboriginal Catholic Ministry (Otherway Centre) in Stepney has served Aboriginal and Torres Strait Islander Catholics in South Australia for more than 30 years.

This year marks the 40th anniversary of Pope Saint John Paul II's historic 1986 address in Alice Springs, where he affirmed the spiritual richness of Aboriginal culture and urged that Indigenous languages, stories, songs, dances and traditions be preserved.

Pope Saint John Paul II:
"Your culture, which shows the lasting genius and dignity of your race, must not be allowed to disappear. Your songs, your stories, your paintings, your dances, your languages, must never be lost."

SEA SUNDAY APPEAL

There will be a special collection next Sunday for seafarers and Stella Maris, the Apostleship of the Sea organisation.

Change something for someone today.

PLASTIC FREE JULY CAMPAIGN

Each July, millions of people around the world take part in Plastic Free July, a global movement that helps make it easier to reduce single-use plastic through simple, everyday choices.

It starts not with big changes or perfect solutions, but with one small step. Last year, 174 million people across more than 190 countries took part, helping to avoid an estimated 290 million kilograms of plastic waste.

What small steps can I take?

Perhaps choose one of these:

- plastic bags (re-use them, substitute cloth bags);
- water bottles (re-fill empty plastic bottles from the tap);
- takeaway coffee cups (bring your own, drink in shop);

Check out their interesting website: <https://www.plasticfreejuly.org/take-the-challenge/>

HOLY FATHER'S INTENTIONS FOR JULY

For respect for human life Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.

WHAT'S ON

- 5 Jul NATSICC Appeal
- 12 Jul Stella Maris - Appeal
- 20 Jul Beginning school term 3
- 9 Aug Promotion Vocations Appeal
- Sep Catholic Charities Month
- Sep 5-13 Royal Adelaide Show
- 25 Sep School term 3 ends
- 26 Sep AFL Grand Final
- 5 Oct Labour Day
- 12 Oct School term 4 begins
- 18 Oct World Mission Month
- 3 Nov Melbourne Cup
- 8 Nov Supporting our Clergy Appeal
- 15 Nov St Vincent de Paul Christmas Appeal
- 11 Dec School term 4 ends
- 25 Dec Christmas Day

MASS ROSTERS

Date	Readers/Prayers	Special Ministers	Cleaners
05 July	W Bennett, M Slagter	K Hammat, M Slagter	C Brinkley
12 July	P Bennett, M Glynn	A Bevan, H Mumford	C Brinkley
19 July	A Clark, W Bennett	L Grant, K Hammat	C Brinkley
26 July	M Slagter, L Grant	P Bennett, A Bevan	C Brinkley
2 August	P Bennett, K Hammat	S Semler, W Bennett	A Clark
9 August	S Heath, A Clark	M Slagter, L Grant	A Clark
16 August	S Semler, L Grant	H Mumford, K Hammat	A Clark
23 August	K Hammat, M Glynn	W Bennett, S Semler	A Clark
30 August	S Semler, L Grant	P Bennett, M Slagter	A Clark
06 Sept	P Clark, W Bennett	A Bevan, H Mumford	C Berden





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide

THE NARROW GATE

A priest I know shares this story. Recently, on their priests' retreat, the retreat director began his opening presentation with these words: *we take for granted that most people are going to hell*. Then he tried to ground this assertion by quoting Jesus: *"Enter through the narrow gate. For wide is the gate and broad is the way that leads to destruction, and many enter through it. But small is the gate and narrow the way that leads to life, and only a few find it."* (Matthew 7, 13-14)

On the surface, this would indeed seem to indicate that most people are not taking the road that leads to heaven but are taking the road that leads to hell.

Are most of us going to hell? Is this what's implied here? No! That's not what's being taught. This teaching of Jesus needs some parsing.

First, when Jesus says, *"but small is the gate and narrow the way that leads to life, and only a few find it,"* he's not talking so much about going to heaven or hell, but rather about our lives, here and now.

Indeed, we can all relate to his words that the gate that leads to life is narrow and few find it. How? By simply asking ourselves: How many times in our lives do we have a moment, let alone a lengthy season, where we are without any depressions, without regrets, without undue restlessness, without jealousies, without frustrations, and without any sense that we are missing something in life, but rather have a deep sense of soul that we've arrived at the deepest meaning of life, that we've found the deep secret, that there's nothing more to strive for?

Sometimes we do have moments

like this when we have passed through the narrow gate that leads to life, though mostly we are still struggling to get there.

We can experience this when we look at the lives of others. Without being judgmental, how often do we look at someone's life at the level of soul and say: He's found it! She's there! That's what a full life looks like! We say this of very few people.

Moreover, what precisely is the gate and why is it narrow?

Simply put, the gate that leads to life, to the deepest and fullest happiness of all, is the invitation Jesus gives us in the Sermon on the Mount. (Matthew 5-7) For Jesus, this is what makes for fullness of life, namely: to be poor in spirit; to be in touch with the world's wounds and our own wounds; to be meek; to hunger for justice; to be merciful; to be pure of heart; to be peacemakers; to suffer for what is right; and especially to love those who hate us.

That's the narrow gate leading to life, and we struggle to pass through it because most everything in our world militates against this. Our world tells us that it's best to be rich, that meekness and empathy are weaknesses, and we may in good conscience hate those who hate us. Our natural instincts agree. Both our world and our natural instincts invite us to a wide gate where we can justly curse those who curse us and may execute murderers.

The Sermon the Mount proposes a narrow gate, and it becomes particularly narrow at the end of the Sermon when Jesus invites us to be compassionate as our heavenly Father is compassionate and spells out what that means.

God's compassion, unlike our natural instincts, goes out equally to

the bad as well as to the good, like the sun that shines indiscriminately on weeds as well as on vegetables. God loves sinners and virtuous persons equally.

And so must we. Our virtue, Jesus says, must go deeper than our natural instincts, where quite naturally we love those who love us, hate those who hate us, curse those who curse us, and refuse to forgive someone who murders our loved ones.

The narrow gate that leads to full life is the gate of wide compassion, that is, we pass through that gate which leads to the fullness of life, when we love those who hate us, bless those who curse us, and forgive those who murder us.

Sadly, much inside us and much inside our world resists that narrow gate.

However, when Jesus says: *"Small is the gate and narrow the way that leads to life, and only a few find it,"* he's not saying that most of us will go to hell and only a few will go to heaven. Instead, he is speaking about our lives right now and astutely pointing out that what ultimately makes for happiness and full life here in this world, namely, living out the Sermon on the Mount, particularly the part that invites us to love those who hate us, bless those who curse us, and forgive those who murder us.

That's a gate we struggle to pass through.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

WEEKLY CONTRIBUTIONS

For those of you who wish to make your weekly contributions to the first and second collections by direct debit, these are the banking details for each.

1st Collection (Support for Priests):
Kangaroo Island DPF - CDF Account
14870 S7.65
BSB 066-782
A/c No 100027201
Reference: Your name

2nd Collection (Support for Parish):
Kangaroo Island Parish – CDF Account
1040 S1
BSB 066-782
A/c No 100000067
Reference: Your name

Thank you for your ongoing support of our Priests and Parish Facilities.



It's not always easy being a kid, especially when adults say things like "You're too young to understand" or "Wait until you're older!" Sure, lots of things are off-limits to kids. But not everything. Jesus had a special place in his heart for all children, and that means you! Kids see things and hear things in ways adults don't always notice. Jesus knows that. He wants you to be his messenger, even to adults sometimes. So look and listen for all the ways Jesus gives his love to us. Don't be afraid to share that love with everyone!

Jesus, help me to be a messenger of Good News. *GPBS eNews*



(Continued from page 1)

GOSPEL ACCLAMATION

Mt 11:25

Alleluia, alleluia!

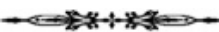
Blessed are you, Father, Lord of heaven and earth, you have revealed to little ones the mysteries of the kingdom. Alleluia!

GOSPEL

Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'



TRAVEL LIGHT

Life today seems to reward people who carry more. More commitments. More expectations. More pressure. More noise. We wear busyness like a badge of honour and exhaustion has almost become normal. Families rush from one activity to the next. Parents worry about providing everything. Young people feel the pressure to succeed. Many people quietly carry grief, loneliness or anxiety that no one else sees.

Into this reality Jesus speaks words that are as radical today as they were two thousand years ago. "Come to me, all you who labour and are burdened, and I will give you rest."

Notice that Jesus does not say, "Sort your life out first." He does not say, "Come back when you have everything under control." He simply says, "Come."

The challenge for us is that we often choose to carry burdens that Jesus has already offered to share. We trust our calendars more than prayer. We rely

on our own strength instead of God's grace. We fill every moment with activity but leave little room for the One who can truly renew us.

As Catholics, we know where Jesus waits for us. He is present in the Eucharist. He is found in the Sacrament of Reconciliation. He speaks through Scripture. He is encountered in the community of the Church. Yet how often do we look everywhere else for peace before we look to him?

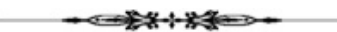
This Gospel is not an invitation to escape life. It is an invitation to live differently. Christ does not remove every challenge. He changes the way we carry them. His yoke is light because we no longer carry life's weight alone.

Perhaps the greatest witness our parish can offer today is not to appear busy, but to be deeply rooted in Christ. A family that prays together. A parishioner who chooses forgiveness over resentment. A young person who finds identity in Christ instead of social media. These are signs that the Gospel is alive.

This week, ask yourself one simple question. What burden am I still trying to carry alone that Jesus is asking me to place in his hands?

The strongest people are not those who carry the most. They are those who know when to let Christ carry them.

GPBS eNews



THIS WEEK'S READINGS

(06 - 12 July)

- **Monday, 06:** Weekday, Ord Time 14 (Hosea 2:16-18, 21-22; Mt 9:18-26)
- **Tuesday, 07:** Weekday, Ord Time 14 (Hosea 8:4-7, 11-13; Mt 9:32-38)
- **Wednesday, 08:** Weekday, Ord Time 14 (Hosea 10:1-3, 7-8, 12; Mt 10:1-7)
- **Thursday, 09:** Weekday, Ord Time 14 (Hosea 11:1-4, 8-9; 45:1-5; Mt 10:7-15)
- **Friday, 10:** Weekday, Ord Time 14 (Hosea 14:2-10; Mt 10:16-23)
- **Saturday, 11:** St Benedict (Is 6:1-8; Mt 10:24-33)
- **Sunday 12:** 15th SUNDAY in ORDINARY TIME (Is 55:10-11; Rom 8:18-23; Mt 13:1-3)

PASTORAL CARE

If you need a priest for anointing prior to medical treatment, or if you are ill (not necessarily life-threatening) or for last rites please contact: (08) 8210 8155 or in an emergency 0417 080 955